

## Wellness Center Guidelines & Rules of Usage

. Lake Superior College photo ID Students and Staff are required to utilize the Wellness Center. Must sign in to use the center & delete all digital information & agree to the Wellness Center rules.

. Check in and check out at the front desk.

. Hours of operation: Monday - Thursday 9am - 5pm & Friday 9am - 4pm. The Wellness Center is only open and staffed. We will be closed during school holidays and during university breaks. Please refer to the calendar for more information.

. LSC Staff must pass a health screening to use the Wellness Center Member Badge in Student Life.

. Proper use of footwear is required, i.e., athletic shoes designed for the Wellness Center must be worn, full length socks, athletic pants/shorts. Clothing and shoes must be clean. You will not be allowed to use the Wellness Center if you are wearing inappropriate footwear such as sandals, flip-flops, or jeans. Shoes should be well-maintained and free of MRSA, if you have a skin condition related to the footwear, you will not be allowed to use the center.

. Lockers are to be used to store clothes, bags & personal items. Lockers are provided with personal locks and must be used after use of the Wellness Center session. The Wellness Center Staff and LSC are not responsible for lost or stolen belongings.

. Wipe down all equipment after each use. Sanitizing wipes are provided throughout the facility.

. A user fee will be charged. This includes a deposit of \$10, eight

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